

A fascinating summer garden workshop (outdoors) exploring

the health & wellbeing benefits of Garden Herbs



Join us to discover the joy of *reconnecting with nature and* *growing your own health giving Garden Herbs*. The additional benefits of garden herbs are fostering biodiversity such as butterflies, that add beauty to our garden.

Everything we do matters, never underestimate the impact you can have towards positive change.

**WHEN: WEDNESDAY 16TH FEBRUARY 2022**

**10am - 12noon**

**WHERE: CHERINGTON HOUSE THERAPEUTIC COMMUNITY GARDEN**

**13 LAFFERS RD. BELAIR**

**(Adjacent to INTEGRATIVE HEALTH SOLUTIONS**

**formerly The Blackwood Hospital)**

**COST: $45 Non-Members / $30 CCC Members**

**BOOKINGS ESSENTIAL**

**PHONE 8272 2411**

**ENQUIRIES: 0407 339 660**